



Christ
Church
Orpington

Family News, 7th May 2022

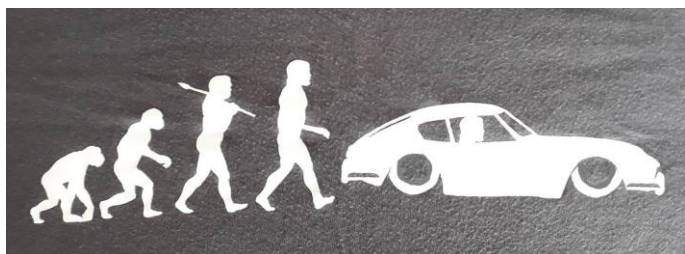
Dear everyone,

I hope you are having a good week, and have managed to enjoy the warmth and sun that is hopefully pre-empting a warm summer this year!

What do you think of when you hear the word 'evolution'?

Is it 'progress'?

Or how things 'change' throughout a generation?



Or is it how some foods have got smaller over the years?



Well, Oxford University has been continuously studying for 75x years a population of Great Tits in their own 'Living Laboratory' at Wytham Woods. They started on 27th April 1947 with the first Great Tit egg of that year, and this year (2022), the first egg was produced virtually exactly 1x month earlier, on 28th March 2022.

What does this tell us? Did the bird get confused and produce the egg earlier by accident? Was there a change in the weather that meant the egg would be in danger if it was produced late April as per 1947?

Has global warming and climate change altered over time the calendar for the bird?

The researchers say that "[an] enduring insight of the study is how the birds have evolved sensitive environmental awareness, laying eggs timed so that they hatch to coincide with the hatching of the eggs of several caterpillar species, the main food source for great tit chicks. The caterpillars themselves feed on newly-emerged deciduous leaves".

Another report says "New research reveals British great tits have evolved to grow longer beaks than their European counterparts." and this could be to do with learning to use bird feeders over the years. The UK is said to use about 2x times the amount of bird seed and feeders when compared to mainland Europe, so this could be a contributor!

So, could these two changes be considered as 'evolution' of the Great Tit species?

And if so, are they useful, and why does it matter?

Thinking of my own life, I started off in the womb being taken to church, and have continued ever since. And looking in particular at my adult Christian life, you could say some things have evolved, or progressed for the better.

There have been times when I was younger that I thought I had learned all I needed to on a certain subject or experience, and therefore, any learnings on those needed no more attention, focussing on other things that I felt needed it instead. But as I continued through earthly life, I have found that some of those things have been helpful to re-visit!

The Great Tit study shows that there had been unusually cool or warm springs, and the laying of their eggs has not coincided with their food being around, so unfortunately, a number of the species didn't live those years. But by evolving to produce eggs similarly to their food, they have a stronger chance of life.

With my reading of the Bible, prayer, and relationship with God, I have found that I can never get to that point of knowing enough, and need to 'evolve' or make better my ways and/or understanding as I go on through life. And if we allow Him, God will continue to grow us all the time, so that we can have a stronger change of life with Him.

May I encourage you to think about continuous 'evolving' or getting even closer in your relationship with God, in whatever way that works for you. And if you have no idea, then God Himself, as He is the best person to ask how :))

Bless you,

Andi and Sharon.

What's on...

All 10.30am services will be both in church and online (if we have the Tech Team to provide this)

Our 10.30am services are streamed live to our public Facebook page. The camera focuses on the clergy and other contributors only for most of the service. If you wish to avoid being on camera, please do not sit in the front 6 rows.

Sunday 8th May

9.00am Holy Communion
10.30am Morning Worship
APCM is immediately after the service
6.30pm Evening Worship

Monday 9th May

Gospel Choir practice session,
7.45pm until 9.30pm in the Church

Tuesday 10th May

Community Club
An evening with Pat Blanchard, 7.30pm for 8pm start
see separate notice

Wednesday 11th May

Morning Prayer Meeting, 10am in the Chapel
Café Mosaic, open 9.15am to 2pm
Tea and Toys, 1pm to 3pm

Friday 13th May

Café Mosaic, open 9.15am to 2pm

Sunday 15th May

10.30am Morning Worship
6.30pm Holy Communion

For online services:

through the Christ Church Orpington website:
www.ccorpington.org

or on Facebook (you don't need to have a Facebook account)
<https://www.facebook.com/ccorpington/live>



Join **Heather Kroiter** for zoom coffee after church this Sunday from 11.45am

<https://us02web.zoom.us/j/88353280872?pwd=Wllybi9LQDUzcEE4Mmx4U29iaWVqQT09>

Meeting ID: 883 5328 0872

Passcode: G6iWTP

Sunday 8th May 4th Sunday of Easter

9.00am Holy Communion

10.30am Morning Worship/APCM

Welcome, Notices

Opening Prayer

Confession

Worship

Song Blessed assurance
Sing Glory 523 To be in your presence

Children's report

Youth's report

Intercessions (PowerPoint presentation)

Bible Reading

Hebrews 10 v 19-25

Vicar's report

Worship

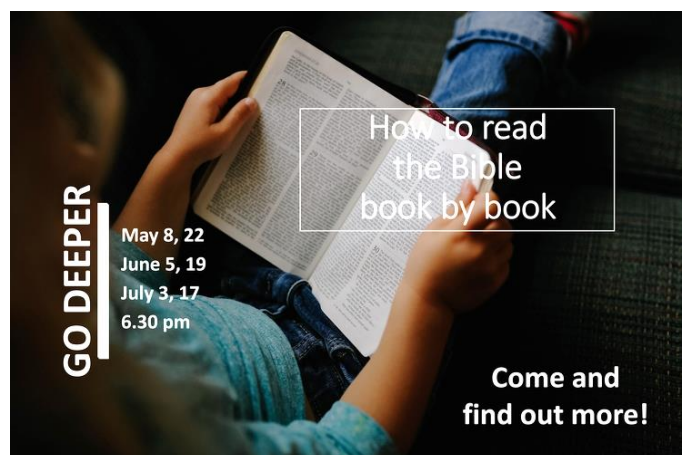
Sing Glory 547 Faithful One
Song Yes and Amen

Final Prayer & Blessing

Annual Meeting of Parishioners

Annual Parochial Church Meeting

6.30pm Go Deeper



Notices for the next issue of CCO Family News

email them to Vernon vandjmapp@gmail.com

by **12noon Saturday 14th May** please

Cafe Mosaic

This week's special is

- ▶ Ploughman's platter of cheese, pate, ham, crackers, crusty baguette, salad, grapes, pickles and onions with sliced boiled egg and crisps. £5.50

Desert is

- ▶ Lemon drizzle cake

Community Club, Tuesday 10th May

Our menu is

- Vegetable soup
- Chicken in creamy sauce potatoes & seasonal vegetables
- Chocolate sponge and chocolate custard
- Tea and coffee.

Next Tuesday, 17th May, we will be having a cake stall raising money for Dementia UK. If anyone felt able to make a tray bake or cake, we'd very much appreciate it.

Please wear a mask until you are sat at your table and dress appropriately as the windows will be open for ventilation.



Join us at *Cafe Mosaic*

for our cream tea

on **Friday 13th May**

from **12.00pm until 2pm**

Cream tea for two people £18

Enjoy a cake tier with a selection of finger sandwiches, homemade cakes, fruit & plain scones, delicious jam and clotted cream. All served with unlimited tea of your choice or cafetiere coffee.

Cream tea for one person £5.50

Enjoy a choice of two homemade fruit or plain scones served with delicious jam and clotted cream served with unlimited tea choice or cafetiere coffee.



Northumbria Daily Prayer

You are invited to come along to Daily Prayer at 9.00-9.20am in the chapel on Mondays and Tuesdays.

There will be readings from Scripture, a short meditative reading, prayer, reflection and silence.

Dates we are meeting:

May: 9th & 10th, 16th & 17th, 23rd & 24th

June: 6th & 7th, 13th & 14th, 20th & 21st, 27th & 28th

July: 4th & 5th, 11th & 12th July.

THE FRIENDS OF ORPINGTON HOSPITAL

SEEK VOLUNTEERS

The Friends' Shop and Tea bar have been serving the patients, staff and visitors of Orpington Hospital since 1951, over 70 years. If you have been a patient or a visitor during that time, I am sure you will have welcomed the chance to have a cup of tea or coffee and a cake.

During the Covid pandemic, we were not able to open the Tea Bar but managed to open the Shop whenever permitted by the regulations. The Tea Bar was taken over by the Hospital and turned into a Staff Hub where staff could get drinks supplied by the Hospital but more importantly, could find a quiet place for respite and a chance to recharge their batteries.

A new space is being made available for the Staff Hub so that the Friends will now be reopening the Tea Bar. This is excellent news, something we have been waiting and hoping for since March 2020.

We are now looking to rebuild our force of volunteers. Since lockdown a few volunteers have felt unable to continue. We are therefore looking for some new members to help serve drinks and sandwiches/cakes in the Tea Bar and also to serve in the Shop. We work morning and afternoon shifts. Volunteers usually do one shift either weekly or fortnightly.

This is a marvellous opportunity to play a valuable part in the community and also to support the patients, staff and visitors to our Hospital.

If you would like further information or would like a representative of the Friends to come to talk then please call Mrs Jean Mander on 01689 835490.

On **Tuesday 10th May**, we look forward to welcoming Pat Blanchard, who is going to come to spend an evening with us updating us on her situation and her ministry in Peru, as well as coming to thank us for our support over the years.

You are most welcome to arrive at 7.30pm for refreshments, ready for an 8pm start.

And then on **Tuesday 17th May**, we look forward to meeting Robert de Berry and Release International, as they invite us to an evening of prayer with them as they embark on a sponsored bike ride in stages from Kent to Land's End. We will begin at 7.30pm and finish at 9.00pm.

If anyone would like to join them on the first stage, getting sponsorship and heading off after breakfast to Sevenoaks or Tunbridge Wells, you would be very welcome to do so. Please speak to me if you would like to so I can pass your details on to Robert.

Hope to see you there, Sharon

Church Work Morning... Saturday 21st May, 9am till midday

We would love you to come and join us on this work day. You truly only need **enthusiasm** and do not need any special skills.

Jobs on the day will include indoor and outdoor tasks and any time you can give to maintain and care for the church building and grounds will make such a big difference. Even if you cannot stay for the whole morning, just **an hour** is great!

Come pick a task, have some fun, meet new people and enjoy a **bacon sandwich** and coffee for your efforts.

Please put your name on the signup sheet at the back of the church. Thanks, Pieter

Emerge: Creative Arts morning

On **Saturday 25th June**, we will be holding a creative arts morning at Christ Church for anyone who has experienced loss - this may be recently or quite a while ago. We will be doing either some creative writing, decorating stones or hopefully creating resin bookmarks. The morning is free, but donations would be gratefully received towards the resources if you are in a position to give. We will meet at 9.00am for refreshments and then the activities will run from 9.30am to 12.30pm, with a break for more refreshments.

Registration is essential so that we have enough resources for everyone. To register, please contact Liesel (see my details below). Please do share this with others if you feel this might be something they would appreciate. Thank you.

Liesel@ccorpington.org 07511 876928

The Data Protection Act 2018 is the **UK's implementation of the General Data Protection Regulation (GDPR)**. Everyone responsible for using personal data has to follow strict rules called 'data protection principles'. They must make sure the information is: used fairly, lawfully and transparently.

Meina is our GDPR representative and if anyone has any queries relating to GDPR to please contact her on: gdpr@ccorpington.org



WANTED

OUR MOST NEEDED ITEMS ARE:

- Fruit Juice
- Squash
- Sugar
- Coffee
- Instant Whip
- Men's Deodorant
- Sponge Pudding
- Tinned cold meat
- Tinned vegetables (carrots, sweetcorn, mushrooms)

PLEASE **DON'T** GIVE US **FROZEN** OR **CHILLED** ITEMS AS WE DON'T HAVE THE CORRECT STORAGE FOR IT AND IT SPOILS BEFORE WE CAN DISTRIBUTE IT

WE'VE GOT PLENTY OF:
PASTA, CEREAL, TEA & BISCUITS

**TAKE A PHOTO OF THIS LIST
WITH YOUR PHONE TO
REFER TO WHILE YOU SHOP!**

**IF YOU ARE IN NEED OF FOOD SUPPORT
PLEASE CONTACT US ON 0800 9 20 23 24**

"If you would like to give to Christ's work here at Christ Church, the best way to give is via our bank account, Sort code 40 52 40, and account number 00095465, or by sending a cheque payable to

'Christ Church PCC Orpington'
to 165 Charterhouse Road, Orpington, Kent BR6 9EP

Thank you so much for your wonderful generosity."

Children's Ministry – Help Needed

Holiday Club Helpers

This year we are hoping to run our Holiday Club on **26th, 27th & 28th July**, we cannot do this without the wonderful help of our volunteers. It is great fun and a fantastic way to share God's love with the children. We are hoping to join forces again with KICK who provide excellent games and activities and the children to have a great experience learning about Jesus and gaining new skills. If you are free and would like to help, please contact Jo Gavin jo@ccorpington.org for more information.

Messy Church

Messy Church has been a really fantastic opportunity to reach out to new families in our community, in the past we have had to restrict numbers this has been due to COVID and number of volunteers. Our tickets are sold out as soon as they are released and we have lots of people on our waiting list. With restrictions lifted and infection levels reducing we would love to open up and increase our numbers but cannot do that without more volunteers. Messy Church is once a month normally 2nd Saturday (**next sessions 14May & 11Jun**), can you commit to helping for 2-3 hours. If so, Jo would really love to hear from you. Please email her on jo@ccorpington.com

Creche

Creche runs every week (except for Christmas & New Year Day) we have a fantastic facility with soft play and toys for our youngest members. Creche is run by a small dedicated group of volunteers, following COVID due to volunteer numbers parents have to remain with their children. It would be wonderful if we could bless parents and allow them to be in the service whilst their children are in Creche but to do this we need more volunteers. If this is something you could help with once a month, please let either Jo or Veronica know or email

jo@ccorpington.org

OPEN KITCHEN FUNDING BID



OPEN KITCHEN is bidding for a cash boost from the Tesco Community Grants initiative. Tesco works with community charity Groundwork to run its community funding scheme, which sees grants of up to £1,500, £1,000 and £500 awarded to local community projects.

We are one of three groups in Bromley shortlisted to receive the cash award. **Please go to one of these Tesco stores to vote for us!** Voting is open until the end of June. You can cast your vote using a token given to you at the check-out each time you shop (there is no minimum spend). Please note that Tesco Sidcup (on Edgington Way) is not included in this list. Thanks for your help.

Orpington Extra, BR6 0NH

St Paul's Cray Express, BR5 3AQ

Bromley, BR1 2UE

Bromley High Street Express, BR1 1LF

Bromley Express, BR2 0UJ

Bromley Plaistow Lane Express, BR1 4DS

Elmers End, BR3 4AA

Penge, Royston Road Express, SE20 7QB

Beckenham Chinese Garage Express, BR3 6RH

Anerley Road, Crystal Palace Express, SE19 2AH

Croydon Road, Penge Express, SE20 7TY

Biggin Hill Express, TN16 3BB

Beckenham Express, BR3 4EP

Penge High St Express, SE20 7EX

Orpington Deanery Synod

25 May 2022

7.30 pm for 8.00 pm start

**Guest Speaker: Lord Deben
Climate Control**

St Barnabas Church, Rushet Road, BR5 2PU



Lord Deben

Lord Deben was the UK's longest-serving Secretary of State for the Environment (1993 to 1997). He has held several other high-level ministerial posts, including Secretary of State for Agriculture, Fisheries and Food (1989 to 1993).

