



Christ
Church
Orpington

Family News 29th October 2022

Reflection

Isaiah 40:31 is a verse that we are all familiar with and it is a verse that many people would have somewhere visible that they can be reminded:

"But those who trust in the Lord will find new strength. They will soar high on wings like eagles. They will run and not grow weary. They will walk and not faint."

What a beautiful verse, filled with encouragement and upliftment. But how often do we simply read it but not actually believe it?

There are times in life, and you may be in one of those periods now, when even though everything seems to be going well on the outside, you just feel down...

Your health may be excellent, your relationships are blooming and your job may be satisfying; yet you feel flat, kind of empty and just bobbing around in the doldrums.

The temptation may be to consult a self-help book or podcast, or even call a good friend or meet with your pastor or vicar, or even wait for church on Sunday... but that is the time when we should be drawing near to God.

We need to carve out dedicated one-to-one time with our Abba Father; just you and Him. That time for you may be alone in your garden, out for a jog or quietly in your own room; wherever it is and however you do it, just make the time.

God wants to be with you, just you and Him. And in that time, don't be anxious over where the conversation will lead, just let it go and snuggle in His presence.

I believe this is when we will find new strength, this is when we will fly like eagles and not grow weary. Our Lord is the provider and the nourisher of our souls - just let Him!

Paul again quotes Isaiah when he writes to the Corinthians in 1 Corinthians 2:9:

"No eye has seen, nor ear has heard, and no mind has imagined what God has prepared for those who love him." NLT

Through the miracle that is Jesus Christ we have got direct access to the Father; no appointment necessary and no qualification needed. Do not neglect your quiet time with Him, do it now and soak up His regenerative power!

Pieter

What is a Warm Bank?

"Warm banks are safe places with the heating on, where people can go to get warm in the winter if they cannot afford to heat their homes. They will be run by local councils, charities, museums, libraries and NHS services across the country."

The Church of England has asked its churches to think about taking part in this scheme, and we have decided at Christ Church, that we would like to be one of those that take part. Other churches across Orpington are also hoping to take part, and between us, we may be able to find somewhere open every day to offer warmth to people.

One of the times we have our heating on is for the Sunday services, so we would love to open our café area doors to people seeking some warmth, and maybe a cup of hot tea or coffee, between 10am and 12noon Sundays.

We can only do this if we have volunteers to serve those who come in, who are willing to stay out of the service to be in the café to do this. If you would like to be part of this offer your time to help, can you email the office on ccorpington@talktalk.net

Thank you 😊



Sunday 30th October

4th Sunday before Advent

9.00am Holy Communion

10.30am Morning Worship

Welcome, Notices

Opening Prayer, Confession

Worship

Song Good, good Father

Song What a beautiful name

Song Cornerstone

Bible Reading

1 Peter 4: 12-19

Sermon

Intercessions

Worship

Sing Glory 646 What a friend we have in Jesus

Song Give thanks to the Lord

Final Prayer & Blessing

6.30pm Evening Worship – Go Deeper



For online zoom coffee after morning church **today**
(Sunday 30th October)
join **Heather Kroiter** from 11.45am:



<https://us04web.zoom.us/j/84610974627?pwd=Z1g4TzIvVFVtcEUxeGRWbIFLUDVuZz09>

Meeting ID: 846 1097 4627

Passcode: R4V5My

Christmas Choir

All are welcome to join the Christmas Choir as we rehearse on Friday evenings for the Carols by Candlelight service on 18th December.

Rehearsals will begin on **Friday 18th November from 8pm to 9.30pm**. You don't need to be able to read music, as recordings of the parts will be available.

Please do consider joining us even if you've not done so before! If you have any questions about what's involved, please don't hesitate to contact me.

Liesel, 07511 876928

liesel@ccorpington.org

Christ Church Orpington services...

Sunday 30th October

clocks go back ONE HOUR

9.00am Holy Communion

10.30am Morning Worship

6.30pm Evening Worship - Go Deeper

Wednesday 2nd November

10.00am Holy Communion, in the chapel

Sunday 6th November

10.30am Holy Communion

6.30pm Evening Worship - Reflect

Sunday 13th November

9.00am Holy Communion

10.30am Remembrance Day Service

4.00pm Service of remembrance for the life of a loved one

Sunday 20th November

10.30am Morning Worship

6.30pm Holy Communion - Reflect

Sunday 27th November

9.00am Holy Communion

10.30am Morning Worship

6.30pm Evening Worship - Go Deeper

Community Club, Tuesday 1st November

resumes this week.

Sharon will be leading our communion service at 11am.

Tea and Coffee served from 10.30am.

Lunch menu

Vegetable soup

Chicken casserole, potatoes and seasonal vegetables

Colin Fox's birthday cake.

HAPPY BIRTHDAY COLIN

Tea and Coffee.



Creative arts
for spiritual wellbeing

Emerge

Sat 12 Nov 2022
9am-12.30pm

HOPE

**FREE
OF CHARGE**

Christ Church Orpington, Charterhouse Rd, BR6 9EP
To register, contact: Liesel@ccorpington.org
or 07511 876928



THANK YOU
Christ Church, Orpington

For donating 88.6 Kg of Food
To Bromley Borough Foodbank for our 2022 Harvest Festival





WANTED

OUR MOST NEEDED ITEMS ARE:

- Fruit Juice (long life)**
- Sponge Pudding**
- Tinned Salmon**
- Sweets**
- Hot Chocolate**
- Shaving Foam/Gel**

PLEASE **DON'T** GIVE US **FROZEN** OR **CHILLED** ITEMS AS WE DON'T HAVE THE CORRECT STORAGE FOR IT AND IT SPOILS BEFORE WE CAN DISTRIBUTE IT

WE'VE GOT PLENTY OF: PASTA, CEREAL, TEA & BISCUITS

TAKE A PHOTO OF THIS LIST WITH YOUR PHONE TO REFER TO WHILE YOU SHOP!

IF YOU ARE IN NEED OF FOOD SUPPORT PLEASE CONTACT US ON 0800 9 20 23 24

"If you would like to give to Christ's work here at Christ Church, the best way to give is via our bank account, Sort code 40 52 40, and account number 00095465, or by sending a cheque payable to

'Christ Church PCC Orpington'
to 165 Charterhouse Road, Orpington, Kent BR6 9EP

A Song Of Praise

O Lord you are beautiful, your grace is divine.
The gifts that you offer, I'll take as mine.
Your boundless great love fills my heart and my soul.
Your peace that surrounds me makes my life whole.

I'll sing Alleluia, lift my hands and my voice.
I'll sing Alleluia, in You I'll rejoice.
I've strength in your promise and strength in your name.
Give praise and all glory. I know the Lord reigns.

O Lord you are beautiful. I kneel at your feet.
Lord pour out your Spirit and make me complete.

Christine Amos

Operation Christmas Child 2022



Christ church would like to support Samaritan's Purse Operation Christmas Child again this year.

Operation Christmas child is the world's largest children's Christmas project, run by the Christian relief and development organisation Samaritan's Purse. Their mission is to demonstrate Gods love in a tangible way to needy children around the world, and together with the local church worldwide, to share the Good News of Jesus Christ.

If you would like to support this project by filling a shoebox with gifts; please pick up a shoe box and leaflet on your way out from Church today and find out how to send a box of gifts to some of the world's most disadvantaged children. Your shoebox could be the first Christmas present they have ever received in their lives. Please bring your filled shoebox back to Christ Church on Sunday 13th November.

Alternatively, you may wish to fill an online shoebox. Samaritans Purse has made giving a shoebox online a very successful way of supporting this project - if you would like to fill an online shoebox, then please use the link below which has been set up to record the number of online boxes filled by Christ Church:

<https://shoebonline.samaritans-purse.org.uk/goal-pages/2e8d37bf>

With many thanks for your support

Café Mosaic

Specials this week are

Cornish Pastie Chips and Beans

Dessert

Strawberry and White Chocolate Cheesecake

The Data Protection Act 2018 is the **UK's implementation of the General Data Protection Regulation (GDPR)**. Everyone responsible for using personal data has to follow strict rules called 'data protection principles'. They must make sure the information is: used fairly, lawfully and transparently.

Meina is our GDPR representative and if anyone has any queries relating to GDPR to please contact her on: gdpr@ccorpington.org

[Safeguarding from the Diocesan Safeguarding Team](#)

Last week, the Church of England published the national [Past Cases Review 2 \(PCR2\) report](#).

The purpose of PCR2 was to identify both good practice and institutional failings in relation to how allegations of abuse have been handled, assess any identified risks and respond to these where appropriate, and to provide recommendations to the Church that will lead to improvements in its safeguarding work.

The following statement of intent and direction is contained within the review:

Safeguarding needs to be part of our DNA, as an expression of our love for one another and our commitment to the Gospel. This means not just putting in place rigorous and professional processes, it also means that as a church we need to understand this and teach it as a core part of our faith and practice. Our aspiration is for a church where children, young people and the vulnerable can worship, learn, socialise and develop in a safe and caring environment, with the knowledge they have a voice and can confidently raise concerns.

Local overview published

Alongside the national report, the Diocese has published an overview of its independent review; it is one of 45 independent reviews which contributed to the national report.

The overview details some of the key findings of the independent reviewers, as well as recommendations to improve safeguarding practice and culture across the Diocese.

[Read the Diocese of Rochester PCR2 overview](#)

[Safeguarding Training at Christchurch](#)

Following on from Safeguarding Sunday, we will be running a face to face awareness session on Safeguarding and Domestic Abuse on Saturday 12th November 2022 and on Saturday 19th November 2022. The sessions will run in the church at the following times with light refreshments available between the sessions:

Saturday 12th November

Safeguarding Foundation Level 1330-1500 hours
Domestic Abuse Awareness 1530-1630 hours

Saturday 19th November

Safeguarding Foundation Level 0930-1100 hours
Domestic Abuse Awareness 1130-1230 hours

These sessions are available for anyone on the PCC, those working with our young people and those who lead small groups and pastoral visitors. There are

24 places available and they should be booked via Anna Carey at anna@ccorpington.org You can book for one or both courses on this date.

The option to complete by e-learning is still available and these modules can be accessed via [Safeguarding Training Portal \(cofeportal.org\)](https://cofeportal.org) from where you can create your own user account. Once the module is completed, I would be grateful if a copy of the certificate of completion could be emailed to me at safeguarding@ccorpington.org for our records.

If this is still on your "to do" list, please could I encourage you to complete this training soon. If you are refreshing your knowledge after 3 years, then you only need to complete the higher certificate which in the majority of cases will be the Foundation level. I hope that you find the modules both useful and stimulating.

In the meantime, if you have any questions about safeguarding please do not hesitate to contact me at safeguarding@ccorpington.org or speak to me in person.

Thank you for your continuing support

Keith Miller

Coming up at Christ Church Orpington

Saturday 29th October

Messy Light Party 4-6pm

Sunday 13th November

Remembrance Day Service 10.30am
Remembrance of the departed 4pm

Saturday 10th December

Messy Christmas & Christingle 4-6pm

Sunday 18th December

Crib Service 10.30am
Carols by Candlelight 6.30pm

Saturday 24th December

Christmas Eve Mass 11.15pm

Sunday 25th December

Christmas Day Service 10.30am

Family News: notices for the next issue by

12noon Friday 4th November please

email: vandjmapp@gmail.com
