



Christ
Church
Orpington

Family News 24th September 2022

Reflection

As some of you may know, last week I participated in a charity cycle from London to Amsterdam. It was a wonderful experience with great people and a beautiful cause. I can also confirm it was gruelling at times against winds, rain, sand storms and horizontal hail...

Would I do it again? YES absolutely;)

Now I am no expert cyclist, but I was aware that riding in a group is much easier than riding alone. Studies show that riders positioned in the middle of a group exert between 25-50% less energy than you would riding alone. Over the four days of cycling, I experienced this more than ever before and I realised if I pushed too far ahead or fell behind it made for a much harder ride. I made a conscious effort to remain with the pack, which made the day's cycling much easier. This tactic used to tremendous efficiency by elite and professional cyclists is something from which us Christians can learn so much.

Together we gain strength in the Lord, we get pulled along and lifted up by fellow-believers, so when the time comes when we are just exhausted; then we can get pulled along by our brothers and sisters in Christ.

"And let us consider how we may spur one another on toward love and good deeds, not giving up meeting together, as some are in the habit of doing, but encouraging one another - and all the more as you see the Day approaching."

Hebrews 10:24-25 NIV

Now I have been blessed enough to experience this lift, this unexpected 'free-ride' in both cycling and my Christian life, when believers around me give me strength to carry on well beyond my own capability.

As we pray together let us thank God for these faithful friends that ride alongside us in life, and let us ask God that each one of us will be ready to let our friends and loved ones get inside our slipstream during their time of need.

Pieter

Sunday 25th September 15th Sunday after Trinity

9.00am Holy Communion

10.30am Morning Worship

Welcome, Notices

Opening Prayer, Confession

Worship

Bible Reading

1 Peter 2 v 4-12

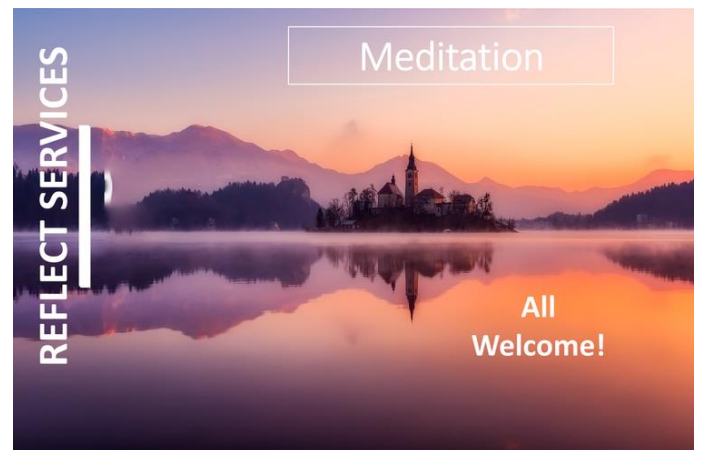
Sermon

Intercessions

Worship

Final Prayer & Blessing

6.30pm Reflect



For online zoom coffee after morning church **today**

(Sunday 25th September)

join **Heather Kroiter** from 11.45am:

<https://us04web.zoom.us/j/74984420308?pwd=IeyqCjYLDklWYOH0XMb7b6TKtH92g.1>

Meeting ID: 749 8442 0308

Passcode: y6JGPT



Family News: notices for the next issue by

12noon Saturday 1st October please

email: vandjmapp@gmail.com



The Sleep-Out

Saturday 08.10.22

An opportunity for us as a community to raise awareness of local homelessness
Get sponsored, sleep-out and raise vital funds to support homeless men & women in Bromley

JustGiving™

[JustGiving.com/BromleyHomeless](https://www.justgiving.com/BromleyHomeless)

Registered Charity No. 1186655

[BromleyHomeless.org](https://www.BromleyHomeless.org)

Sponsored Sleepover for Bromley Homeless

It's four years since we were last able to do a sponsored sleepover for Bromley Homeless but at long last, we are able to do so again - on the evening of **Saturday 8th October**. Please do consider sponsoring us by going to:

<https://www.justgiving.com/fundraising/andy-and-alan-goddard>

or if you prefer, there is a sponsor form at the back of church if this is easier for you than going online

And if you would like to join us, we can give you details of how to do this.

Alan & Andy Goddard

Community Club, Tuesday 27th September

Liesel will be leading our study time at 11am.

Lunch Menu

Vegetable soup
Cottage pie and seasonal vegetables
Trifle
Tea or Coffee.

Christ Church Orpington services...

Sunday 25th September

9.00am Holy Communion
10.30am Morning Worship
6.30pm Evening Worship

Sunday 2nd October

10.30am Holy Communion
6.30pm Evening Worship - Go Deeper

Wednesday 5th October

10.00am Holy Communion, in the chapel

Sunday 9th October

9.00am Holy Communion
10.30am Harvest Festival - All Age
6.30pm Evening Worship - Reflect

Sunday 16th October

10.30am Morning Worship
6.30pm Holy Communion - Go Deeper

Sunday 23rd October

9.00am Holy Communion
10.30am Morning Worship
6.30pm Evening Worship - Reflect

Sunday 30th October

9.00am Holy Communion
10.30am Morning Worship
6.30pm Evening Worship - Go Deeper



Northumbria Daily Prayer

You are invited to come along to Daily Prayer at 9.00-9.20am in the chapel on Mondays and Tuesdays.

There will be readings from Scripture, a short meditative reading, prayer, reflection and silence.

Dates we are meeting: 26th and 27th September

The Data Protection Act 2018 is the UK's implementation of the **General Data Protection Regulation (GDPR)**. Everyone responsible for using personal data has to follow strict rules called 'data protection principles'. They must make sure the information is: used fairly, lawfully and transparently.

Meina is our GDPR representative and if anyone has any queries relating to GDPR to please contact her on: gdpr@ccorpington.org

"If you would like to give to Christ's work here at Christ Church, the best way to give is via our bank account, Sort code 40 52 40, and account number 00095465, or by sending a cheque payable to

'Christ Church PCC Orpington'
to 165 Charterhouse Road, Orpington, Kent BR6 9EP

Thank you so much for your wonderful generosity."

Harvest flowers – Sunday 9th October

The flower arranging team would like donations of foliage on **Saturday 8th October**. Please bring to church from **9.45am**. If you would like to help them as well, please to come along -

No experience needed!

Church Work Morning

Saturday 1st October, 9am till midday

We are doing our last work morning for the year and we would love you to come and join us. The last two we have done has been great fun and all you need is **enthusiasm**.

We had such positive feedback from everyone last time from all who came.

Jobs on the day will include indoor and outdoor tasks and any time you can give to maintain and care for the church building and grounds will make such a big difference. If you prefer to bring your own garden tools you are most welcome. Even if you cannot stay for the whole morning, just **an hour** is great!

Come pick a task, have some fun, meet new people and enjoy a reward of a **bacon sandwich** and coffee for your efforts.

Please put your name on the signup sheet at the back of the church.

Thanks, Pieter

Orpington Deanery Synod Secretary

I know this notice has appeared before, but we are still looking for someone – please do consider whether this is something you could do.

After many years, our very efficient secretary, Lesley feels it is time to step back from this role to concentrate on what she does within her own church. So, we are looking for someone to replace her.

This isn't an onerous role – Orpington Deanery Synod meets a maximum of three times a year and the Orpington Deanery Standing Committee usually meets a few weeks beforehand. The main tasks of the secretary are to prepare the agenda, take and produce the minutes of all these meetings (both I and the Area Dean are happy to check the Synod minutes are OK before they are distributed) and produce posters to advertise synod meetings when we have guest speakers. I did it for a couple of meetings when there was a vacancy some years ago and my vicar was Area Dean and it isn't a difficult role to fulfil.

If you have any questions Lesley would be happy to answer them.

orpdeanerysynod@gmail.com

Andy Goddard, Lay Chair

Coming up at Christ Church Orpington

Sunday 9th October

Harvest Festival 10.30am

Saturday 29th October

Messy Light Party 4-6pm

Sunday 13th November

Remembrance Day Service 10.30am
Remembrance of the departed 4pm

Saturday 10th December

Messy Christmas & Christingle 4-6pm

Sunday 18th December

Crib Service 10.30am
Carols by Candlelight 6.30pm

Saturday 24th December

Christmas Eve Mass 11.15pm

Sunday 25th December

Christmas Day Service 10.30am



WANTED

OUR MOST NEEDED ITEMS ARE:

Rice

Milk (UHT)

Cooking Sauces

Soup

Vegetables (Tin) including Potatoes

Sweets

Toilet rolls

Multi Surface Spray/Wipes

PLEASE **DON'T** GIVE US **FROZEN** OR **CHILLED** ITEMS AS WE DON'T HAVE THE CORRECT STORAGE FOR IT AND IT SPOILS BEFORE WE CAN DISTRIBUTE IT

WE'VE GOT PLENTY OF: PASTA, CEREAL, TEA & BISCUITS

**TAKE A PHOTO OF THIS LIST
WITH YOUR PHONE TO
REFER TO WHILE YOU SHOP!**

**IF YOU ARE IN NEED OF FOOD SUPPORT
PLEASE CONTACT US ON 0800 9 20 23 24**

**CAP
JOB
CLUBS**

**With you on your
jobseeking journey**

Join a friendly community and gain skills to step confidently into employment.

Starting 28 September 2022 - 10:15-13:15 + lunch
Book your free place, contact:
07341 369 943 (Graham King)
Unity Church, Rye Crescent, Orpington, BR5 4NH
(the heart of the Ramsden Estate).

Find your nearest course at
capjobclubs.org

christians
against
poverty
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